



**KWAZULU-NATAL PROVINCE**

SPORT, ARTS AND CULTURE  
REPUBLIC OF SOUTH AFRICA

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**MEDIA ALERT**

**TO ALL SPORT MEDIA**

07 June 2023

### **COMRADES MARATHON FEVER GRIPS KZN YOUTH RUN**

As the Comrades Marathon fever heats up ahead of this weekend's race, thousands of youth from across KwaZulu-Natal will feel the Comrades spirit when they participate in the annual KZN Youth Run on the eve of the Ultimate Human Race.

The Youth Run, featuring a 5km and 10km races, will take place at the Kings Park Rugby Stadium Outer Fields at 08h00 on Saturday, 10 June. It is an annual event that attracts in excess of 3000 youth runners selected from all 11 districts, as well as Comrades Marathon runners looking for a warm up run before tackling the 89 kilometres from Pietermaritzburg to Durban on Sunday.

The Youth Run is staged by the KZN Department of Sport, Arts and Culture in partnership with KwaZulu-Natal Athletics, with support from eThekweni Municipality and KZN Sport Confederation.

MEC for Sport, Arts and Culture, Dr Ntuthuko Mahlaba said the Youth Run is a significant part of youth empowerment programmes for the Province.

“The KZN Youth Run is staged annually a day before the Comrades Marathon and it brings the feeling of the Comrades to the youth, with the aim of instilling the love of road running among them, thereby ensuring the sustainability of the sport. It is an integral part of our youth empowerment programme, utilising sport as a tool to achieve not only



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physical strength, but also for socio-economic emancipation. Through sport many young people have created livelihoods for themselves and their families,” he said.

“We are happy that this programme is taking place during Youth Month and it demonstrates the seriousness of government in opening up opportunities for youth participation in sport, arts and culture programmes.”

Entries for the race are collected through schools as well as districts Youth Run selection races. Comrades Marathon runners wishing to participate are welcome to join. The 10km race starts at 08h00 followed by the 5km at 08h40. Manual entries will be taken at the Durban Exhibition Centre between Thursday and Friday.

Winners in the 10km males and females races (under 19 years old only) will each win R3 500, second place gets R3 000 and third finisher receive R2 500.

Members of the media are invited to cover the 2023 KZN Youth Run organised as follows:

**Date: Saturday, 10 June 2023**

**Time: 08h00**

**Venue: Kings Park Rugby Stadium, Outer Fields, Durban**

**Ends**

**ISSUED BY THE KWAZULU-NATAL DEPARTMENT OF SPORT, ARTS AND CULTURE.**

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