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MEDIA RELEASE

ATT: ALL MEDIA

GOLDEN GAMES DISTRICT ELIMINATIONS

The KwaZulu-Natal Department of Sport, Art and Culture, led by Dr Ntuthuko Mahlaba. together with the Department of Social Development, Office of The Premier, Department of Health, Local Government and Provincial Senior Citizens will throughout August roll out the district Golden Games eliminations. These eliminations will select candidates whou will compete in the Provincial Golden Games set to take place, at Ugu Sport and Leisure Stadium in Margate in September.

Golden Games Championships are for people 60 years and older. They are hosted to select and prepare the provincial team for the national Golden Games. The main objective of the Games is to promote the wellbeing of senior citizens and also to encourage their physical and mental health.

11 districts will take part in the Games in athletics, duck walk, dress up, rugby ball throw, ball passing, ball relay, *mlabalaba* and netball which will be introduced for the first time this year.

Media is invited to cover the 2023 Golden Games District Eliminations, set to take place as follows:



DISTRICT	<u>VENUE</u>	DATE
ILembe	Ndwede Sports Grounds	Saturday, 05 August 2023
uThukela	Bergville Sport Complex	Tuesday, 15 August 2023
Umzinyathi	Endumeni Municipality	Wednesday, 16 August 2023
Harry Gwala	Jeffrey Zungu Sport Field	Wednesday, 16 August 2023
uMkhanyakude	Makhasa Sport Complex	Wednesday, 23 August 2023
King Cetshwayo	uMhlathuze Sport Complex	Wednesday, 23 August 2023
eThekwini	KwaMashu Complex	Wednesday, 23 August 2023
Amajuba	Arbor Park Stadium	Wednesday, 23 August 2023
uGu	Harding Stadium	Wednesday, 23 August 2023
uMgungundlovu	Camper down Town Hall	Wednesday, 30 August 2023
Zululand	Passed	Passed

Ends.

ISSUED BY THE KWAZULU-NATAL DEPARTMENT OF SPORT, ARTS AND CULTURE.

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